

Männlich, alle Klassen

| | | | | | |
|---|-------------|--|------|----------------|-------------------------------|
| 100m | 11,27s | Jaworr, Timo | 1981 | 11.08.2001 | Alsfeld Hess. Mehrkampf |
| 200m | 22,70s | Schellhaas, Simon | 1982 | 27.05.2006 | Mörfelden 6. Stadionfest |
| 400m | 50,54s | Jaworr, Timo | 1981 | 25.08.2001 | Vaterstetten DM Mehrkampf |
| 800m | 1:53,15min | Renker, Matthias | 1984 | 30.08.2008 | Bottrop NRW-Cup |
| 1000m | 2:30,18min | Renker, Matthias | 1984 | 02.09.2006 | Neu Isenburg Testwettkampf |
| 1500m | 4:03,52min | Renker, Matthias | 1984 | 20.05.2009 | Koblenz Mini-Internationales |
| 3000m | 9:18,6min | Oerter, Markus | 1973 | 13.07.1993 | Mainz USC-Abendsportfest |
| 5000m | 16:29,2min | Förstner, Roland | 1952 | 25.08.1991 | Kassel Hess. DMM- |
| Landesliga | | | | | |
| 10000m | 34:09,22min | Westphal, Jörg | 1961 | 26.04.2003 | Trebur TV Abendsportfest |
| 10km | 33:42min* | Klein, Harald | 1966 | 05.03.2011 | Groß Gerau Frühjahrslauf |
| Halbmarathon | 1:13:30h | Klein, Harald | 1966 | 17.04.2011 | Griesheim DM Halbmarathon |
| Halbmarathon (M) | 3:53:50h | Philipp, Thomas 77 (1:15:33)- Klein, Harald 66 (1:17:03) | | | |
| | | Jüch, Marcus 73 (1:21:14) | | 11.02.2007 | Mörfelden Winterlaufserie |
| Marathon | 2:34:27h | Klein, Harald | 1966 | 22.05.2011 | Hamburg DM Marathon |
| Marathon (M) | 8:36:31h | Weber, Heinrich 47 (2:49:34) – Waas, Reinhold 53 (2:50:25) - Irrgang, Ernst 36 (2:56:32) | | 20.10.1991 | Frankfurt Deutsche Bahn |
| 100km | 8:28:07h | Hensen, Helke | 1950 | 04.09.1993 | Rheine-Elte DM |
| 4x100m | 43,42s | Jaworr, Timo 81 – Buchmann, Jens 83 - Schellhaas, Simon 82 - Maier, Ralf 83 | | 10.06.2006 | Gelnhausen Hess. Einzel |
| 4x400m | 3:27,4min | Sieber, Florian 82 – Schellhaas, Simon 82 - Maier, Ralf 83 – Jaworr, Timo 81 | | 17.08.2002 | Reichelsheim Reg. Langstaffel |
| 3x1000m | 8:25,32min | Schellhaas, Simon 82 – Maier, Ralf 83 – Renker, Matthias 84 | | 11.05.2004 | Griesheim Kreis Langstaffel |
| 110m Hürden (1,06m) | 15,45s | Cezanne, Philipp | 1992 | 14.05.2015 | Mörfelden 15. Stadionfest |
| 400m Hürden (0,91m) | 58,28s | Reisner, Werner | 1963 | 13.06.1998 | Egelsbach Hess. Einzel |
| 3000m Hindernis(0,91m) | 10:00,14min | Oerter, Markus | 1973 | 12.06.1993 | Fulda Hess. Einzel |
| Hoch | 1.91m | Kehm, Manfred | 1966 | 07.06.1992 | Limburgerhof Pfingstmehrkampf |
| Stab | 4.40m | Jaworr, Timo | 1981 | 24.05.2003 | Mörfelden 3. Stadionfest |
| Weit | 7.04m | Schneider, Kai | 1990 | 03.06.2010 | Heppenheim Baumgartner Cup |
| Drei | 15.01m | Schneider, Kai | 1990 | 20.05.2011 | Wiesbaden Region Einzel |
| Kugel (7,26kg) | 14.89m | Lorenz, Steffen | 1980 | 30.06.2007 | Gelnhausen Hess. Einzel |
| Diskus (2kg) | 45.55m | Engelmann, Jens | 1988 | 11.10.2015 | Eschollbrücken Werfertag |
| Hammer (7,26kg) | 32.97m | Kehm, Manfred | 1966 | 04.10.2003 | Bellheim Werfertag |
| Speer (800g) | 57.67m | Engelmann, Jens | 1988 | 24.06.2017 | Gelnhausen Hess. Einzel |
| Internation. Fünfkampf (W-S-200-D-1500) | 2988P | Jaworr, Timo (6.18-39.70-22,75-28.73-4:40,86) | 1981 | 14.09.2002 | Kelsterbach Kreis Mehrkampf |
| Internat. Fünfkampf (M) | 8653P | Jaworr, Timo 81 (2988) – Schellhaas, Simon 82 (2896) - Gebauer, Florian 83 (2769) | | 14.09.2002 | Kelsterbach Kreis Mehrkampf |
| Zehnkampf (100-W-K-H-400-110Hü-D-St-S-1500) | 6293P | Jaworr, Timo (11,16w-6.12-10.38-1.72-51,12/16,33-28.33-4.40-44.80-4:44,52) | 1981 | 12./13.07.2003 | Wiesbaden Hess. Mehrkampf |
| Zehnkampf (M) | 17828P | Jaworr, Timo 81 (6082) – Schellhaas, Simon 82 (5971) - Gebauer, Florian 83 (5775) | | 23./24.08.2003 | Wesel DM Mehrkampf |
| DMM Regionalliga | 15843P | Eder, Thomas 67 – Fritsche, Thomas 81 - Gebauer, Florian 83 – Herwig, Maik 72 – Höring, Markus 83 - Jaworr, Timo 81 – Jüch, Marcus 73 – Kinkel, Martin 64 – Lorenz, Steffen 80 – Maier, Ralf 83 - Müller, Matthias 75 – Philipp, Thomas 77 – Renker, Matthias 84 – Schellhaas, Simon 82 – Sieber, Florian 82 | | 06.09.2003 | Rüsselsheim Hess. DMM RL |
| DMM-Landesliga | 11107P | Eder, Thomas 67 – Halder, Michael 72 - Kehm, Manfred 66 - Kinkel, Martin 64 – Krämer, Eckhard 66 - Müller, Matthias 75 – Obermüller, Roy 67 – Oerter, Markus 73 – Opitz, Michael 72 - Reisner, Werner 63 - Scherf, Christopher 75 | | | |
| | 10.09.1995 | Heusenstamm Hess. DMM LL | | | |
| DMM-Bezirksliga | 4381P | Eder, Thomas 67 - Kehm, Manfred 66 - Krapf, Richard 66 - Krichbaum, Richard 65 – Reisner, Werner 63 | | 10.05.1998 | Groß Gerau Regional DMM BL |

Leistung auf nicht bestenlistenfähiger Strecke erzielt:

| | | | | | |
|-------|----------|---------------|------|------------|--------|
| *10km | 33:39min | Klein, Harald | 1966 | 26.07.2009 | Hausen |
|-------|----------|---------------|------|------------|--------|

Weiblich, alle Klassen

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|-------------------------------------|------------|---|------|----------------|---------------|-----------------------|
| 100m | 12,61s | Oppawsky, Jessica | 1983 | 05.06.2004 | Wetzlar | Hess. Einzel |
| 200m | 25,61s | Hofmann, Antje | 1968 | 31.08.1996 | Vaterstetten | DM Mehrkampf |
| 400m | 59,55s | Hofmann, Antje | 1968 | 28.09.1996 | Bad Nauheim | Jedermann-10K |
| 800m | 2:18,56min | Hofmann, Antje | 1968 | 01.09.1996 | Vaterstetten | DM Mehrkampf |
| 1000m | 3:56,45min | Schewalje, Natalia | 1980 | 25.08.1998 | Wiesbaden | Abendsportfest |
| 1500m | 5:20,7min | Irrgang, Petra | 1966 | 08.05.1991 | Pfungstadt | Abendsportfest |
| 3000m | 11:10,9min | Irrgang, Petra | 1966 | 23.04.1991 | Darmstadt | Region Langstrecke |
| 5000m | 19:27,4min | Irrgang, Petra | 1966 | 24.07.1993 | Gießen | Abendsportfest |
| 10000m | 39:38,7min | Irrgang, Petra | 1966 | 26.04.1994 | Darmstadt | Region Langstrecke |
| 10km | 38:44min | Irrgang, Petra | 1966 | 12.02.1994 | Groß Gerau | Frühjahrslauf |
| Halbmarathon | 1:26,30h | Irrgang, Petra | 1966 | 03.03.1996 | Frankfurt | Spiridon-Halbmarathon |
| Halbmarathon (M) | 5:37:01h | Cezanne, Angelika 61 (1:48:31) - Henninger, Christa 61 (1:50:50) - Cezanne, Barbara 58 (1:57:40) | | 27.08.2006 | Egelsbach | Koberstädter |
| Marathon | 3:04,33h | Irrgang, Petra | 1966 | 04.05.1997 | Regensburg | DM Marathon |
| Marathon (M) | 11:30:52h | Hohemeister, Manuela 70 (3:30:55) – Cezanne, Barbara 58 (3:56:01) Cezanne, Angelika 61 (4:03:56) | | 28.10.2007 | Frankfurt/ M. | Dresdner Kleinwort |
| 4x100m | 50,46s | Hornung, Petra 70 – Hofmann, Antje 68 - Gruntkowski, Nina 75 – Stark, Steffi 76 | | 10.06.1995 | Baunatal | Hess. Einzel |
| 3x800m | 8:13,7min | Breckwoldt, Kimberley 83 - Breckwoldt, Jessica 83 - Schmitz, Katharina 82 | | 01.05.1994 | Raunheim | Kreis Langstaffel |
| 100m Hürden (0,84m) | 14,82s | Hofmann, Antje | 1968 | 31.08.1996 | Vaterstetten | DM Mehrkampf |
| 400m Hürden (0,76m) | 1:06,22min | Mehl, Johanna | 1992 | 29.05.2010 | Darmstadt | Region Einzel |
| Hoch | 1.63m | Hofmann, Antje | 1968 | 07.07.1996 | Marburg | Hess. Mehrkampf |
| Stab | 3.50m | Schellhaas, Pia | 1985 | 06.06.2004 | Wetzlar | Hess. Einzel |
| Weit | 6.13m | Oppawsky, Jessica | 1983 | 15.06.2006 | Heusenstamm | Bahneröffnung |
| Drei | 11.88m | Kirchner, Mai Linh | 1993 | 09.06.2012 | Bad Homburg | Hess. Jugend |
| Kugel (4kg) | 14.34m | Scheuer, Tina | 1979 | 10.06.2004 | Heusenstamm | Bahneröffnung |
| Diskus (1kg) | 39.72m | Scheuer, Tina | 1979 | 19.05.2007 | Mörfelden | 7. Stadionfest |
| Hammer (4kg) | 24.08m | Englert, Barbara | 1967 | 13.10.1996 | Heidelberg | Werfermehrkampf |
| Speer (600g) | 40.38m | Scheuer, Tina | 1979 | 02.08.2008 | Mörfelden | Werfertag |
| Siebenkampf (100Hü-H-K-200-W-S-800) | 5146P | Hofmann, Antje 1968 (14,94-1.63-10.32-26,05/5.63-37.48-2:19,87) | | 06./07.07.1996 | Marburg | Hess. Mehrkampf |
| Siebenkampf (M) | 10583P | Hofmann, Antje 68 (4390) – Mattig, Kerstin 68 (3586) - Stark, Steffi 76 (2607) | | 10./11.07.1993 | Darmstadt | Hess. Mehrkampf |
| DMM Landesliga | 6813P | Englert, Barbara 67 – Hofmann, Antje 68 – Hornung, Petra 70 - Leipziger, Franziska 67 – Mattig, Kerstin 68 – Zang, Martina 73 | | 26.06.1994 | Frankenberg | Hess. DMM LL |

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|--|--------------|---|-------------|-------------------|----------------------|
| 100m | 11,39s | Schellhaas, Simon | 1982 | 25.08.2001 | Vaterstetten |
| <i>Handzeit</i> | <i>11,0s</i> | <i>Müller, Matthias</i> | <i>1975</i> | <i>12.06.1994</i> | <i>Kelsterbach</i> |
| 200m | 22,82s | Kirchner, Leon | 1995 | 01.07.2012 | Wehrheim |
| 400m | 50,75s | Renker, Matthias | 1984 | 06.09.2003 | Rüsselsheim |
| 800m | 1:57,38min | Renker, Matthias | 1984 | 17.09.2003 | Wiesbaden |
| 1000m | 2:39,70min | Renker, Matthias | 1984 | 21.08.2003 | Limburgerhof |
| 1500m | 4:23,29min | Renker, Matthias | 1984 | 11.05.2003 | Groß Gerau |
| 3000m | 9:32,0min | Oerter, Markus | 1973 | 26.08.1992 | Pfungstadt |
| 5000m | 16:38,4min | Oerter, Markus | 1973 | 09.10.1992 | Frankfurt a.M. |
| 10km | 40:11min | Sujan, Niklas | 1989 | 05.11.2005 | Jügesheim |
| 15km | 56:58min | Oerter, Markus | 1973 | 20.11.1992 | Griesheim |
| 4x100m | 44,16s | Sieber, Florian 82 – Gebauer, Florian 83 - Maier, Ralf 83 – Schellhaas, Simon 82 - | | 17.06.2001 | Reinheim |
| 4x400m | 3:30,8min | Schellhaas, Simon 82 – Gebauer, Florian 83 – Maier, Ralf 83 – Jaworr, Timo 81 | | 16.05.2000 | Griesheim |
| 3x1000m | 8:56,30min | Kolodzeiski, Andre 89 – Sujan, Niklas 89 – Lückoff, Lars 89 | | 25.04.2004 | Mengerskirchen |
| Olympische Staffel | 3:51,78min | Scherf, Thomas 74 - Scherf, Christopher 75 - Müller, Matthias 75 – Oerter, Markus 73 | | 21.07.1992 | Heiligenrode |
| 110m Hürden (0,99m) | 15,75s | Schellhaas, Simon | 1982 | 12.08.2001 | Alsfeld |
| <i>Handzeit</i> | <i>15,5s</i> | <i>Müller, Matthias</i> | <i>1975</i> | <i>12.06.1994</i> | <i>Kelsterbach</i> |
| (1,06m) | 16,60s | Maier, Ralf | 1983 | 16.06.2002 | Wetzlar |
| 400m Hürden (0,91m) | 59,44s | Gebauer, Florian | 1983 | 17.06.2001 | Reinheim |
| 2000m Hindernis | 6:31,83min | Oerter, Markus | 1973 | 14.06.1992 | Marburg |
| Stab | 4.10m | Jaworr, Timo | 1981 | 06.06.1999 | Bad Sooden/Allendorf |
| | | Reis, Christoph | 1988 | 06.09.2003 | Dormagen |
| Hoch | 1.88m | Gebauer, Florian | 1983 | 11.08.2001 | Alsfeld |
| Weit | 6.81m | Schneider, Kai | 1990 | 15.06.2006 | Heusenstamm |
| Drei | 14.79m | Schneider, Kai | 1990 | 08.08.2009 | Rhede |
| Kugel (6kg) | 13.87m | Reis, Christoph | 1988 | 11.08.2007 | Mörfelden |
| Diskus (1,75kg) | 40.30m | Reis, Christoph | 1988 | 20.05.2006 | Seeheim |
| (2kg) | 27.83m | Gebauer, Florian | 1983 | 14.09.2002 | Kelsterbach |
| Speer (800g) | 49.72m | Müller, Matthias | 1975 | 06.06.1993 | Darmstadt |
| Fünfkampf (100-W-K-H-400) | 3338P | Müller, Matthias | 1975 | | |
| | | (11,49-6.56-12.97-1.79-55,26) | | 22.05.1994 | Limburgerhof |
| Fünfkampf (M) | 13678P | Gebauer, Florian 83 (3163) – Schellhaas, Simon 82 (3033) - Sieber, Florian 82 (2847) – Maier, Ralf 83 (2710) - Höring, Markus 83 (1914) | | 11.08.2001 | Alsfeld |
| Internat. Fünfkampf (W-S-200-D-1500) | 2769P | Gebauer, Florian | 1983 | 14.09.2002 | Kelsterbach |
| | | (5.95-40.60-24,14-27.83-4:46,13) | | | |
| Zehnkampf (100-W-K-H-400 110Hü-D-St-S-1500) | 6074P | Gebauer, Florian | 1983 | | |
| | | (11,88-6.05-11.11-1.84-52,64/ 16,89-34.78-3.90-41.29-4:45,74) | | 19./20.05.2002 | Limburgerhof |
| Zehnkampf (M) | 16952P | Gebauer, Florian 83 (6034) – Schellhaas, Simon 82 (5601) - Maier, Ralf 83 (5317) | | 04./05.06.2001 | Limburgerhof |
| DJMM Gruppe 2 | 18359P* | Hannig, Andreas 74 – Krumb, Florian 75 – Müller, Matthias 75 – Oerter, Markus 73 - Scherf, Christopher 75 - Scherf, Thomas 74 | | | |
| | 25.09.1992 | Groß Gerau | | | |
| DJMM Gruppe 3 | 6270P | Abrokwa, Kevin 91 – Cezanne, Philipp 92 – Cezanne, Tim 92 – Curic, Matej 94 – Estivariz Lopez, Gianluca 93 - Feldmann, Kim 94 - Steubing, Oliver 94 | | | |
| | 06.06.2010 | Mörfelden | | | |

*81'er Punktwertung

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| | | | | | | |
|--|---------|-------------|--|------|----------------|----------------|
| 100m | | 12,62s | Bumb, Nina | 1979 | 15.06.1997 | Friedberg |
| 200m | | 27,14s | Schellhaas, Pia | 1985 | 01.06.2000 | Bönnigheim |
| 400m | | 1:02,31min | Mehl, Johanna | 1992 | 10.06.2008 | Trebur |
| 800m | | 2:26,09min | Mehl, Johanna | 1992 | 04.06.2008 | Pfungstadt |
| 1000m | | 3:56,45min | Schewalje, Natalia | 1980 | 25.08.1998 | Wiesbaden |
| 1500m | | 5:41,35min | Rechner, Kristina | 1988 | 13.07.2003 | Reichelsheim |
| 3000m | | 13:31,43min | Schewalje, Natalia | 1980 | 08.05.1999 | Rüsselsheim |
| 10km | | 51:23min | Rechner, Kristina | 1988 | 06.11.2004 | Jügesheim |
| 4x100m | | 53,05s | Kirchner, Mai Linh 93 – Buhlmann, Kyra 93 - Mehl, Johanna 92 – Ochs, Katharina 94 | | 28.05.2011 | Mörfelden |
| 3x800m | | 8:13,7min | Breckwoldt, Kimberley 83 - Breckwoldt, Jessica 83 - Schmitz, Katharina 82 | | 01.05.1994 | Raunheim |
| 100m Hürden | (0,84m) | 14,91s | Kirchner, Mai Linh | 1993 | 07.06.2009 | Alsfeld |
| 400m Hürden | (0,76m) | 1:06,22min | Mehl, Johanna | 1992 | 29.05.2010 | Darmstadt |
| Hoch | | 1.58m | Kirchner, Mai Linh | 1993 | 29.05.2009 | Gießen |
| Stab | | 3.50m | Schellhaas, Pia | 1985 | 06.06.2004 | Wetzlar |
| Weit | | 5.73m | Buhlmann, Kyra | 1993 | 21.05.2011 | Reinheim |
| Drei | | 11.88m | Kirchner, Mai Linh | 1993 | 09.06.2012 | Bad Homburg |
| Kugel | (4kg) | 11.09m | Kalinowsky, Lena | 1988 | 04.06.2005 | Mörfelden |
| Diskus | (1kg) | 30.20m | Scheuer, Tina | 1979 | 01.05.1998 | Frankfurt a.M. |
| Speer | (600g) | 33.87m | Scheuer, Tina | 1979 | 24.05.1998 | Münster |
| Vierkampf (100Hü-H-K-200) | | 1786P | Bumb, Nina (18,79-1.32-7.34-28,52) | 1979 | 19.09.1998 | Sulzbach |
| Siebenkampf (100Hü-H-K-200-W-S-800) | | 2711P | Brandner, Laura 2003 (18,51-1.35-5.99-28,76/4.44-16.43-3:03,68) | | 18./19.09.2021 | Darmstadt |
| DJMM Gruppe 1 | | 5212P | Hoffmann, Diana 79 – Knodt, Susanne 80 – Krause, Natalie 81 – Schmitz, Katharina 82 - Scheuer, Tina 79 – Schewalje, Natalia 80 – Wild, Anja 81 | | 12.09.1998 | Bürstadt |
| DJMM Gruppe 2 | | 5673P | Knodt, Susanne 80 – Krause, Natalie 81 – Schewalje, Natalia 80 – Schmitz, Katharina 82 - Sennlaub, Britta 82 – Wild, Anja 81 | | 15.05.1999 | Groß Gerau |
| DJMM Gruppe 3 | | 3645P | Bumb, Nina 79 – Burbach, Anna 80 – Knodt, Susanne 80 – Schorr, Katrin 78 | | 10.05.1997 | Groß Gerau |

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|--|----------|-------------|--|------|----------------|----------------|
| 100m | | 11,41s | Kirchner, Leon | 1995 | 17.05.2012 | Mörfelden |
| 200m | | 22,82s | Kirchner, Leon | 1995 | 01.07.2012 | Wehrheim |
| 400m | | 52,53s | Sujan, Niklas | 1989 | 13.08.2006 | Kandel |
| Handzeit | | 51,5s | Sujan, Niklas | 1989 | 12.07.2006 | Trebur |
| 800m | | 2:08,66min | Sujan, Niklas | 1989 | 10.07.2005 | Trebur |
| 1000m | | 2:49,90min | Leger, Viktor | 1991 | 17.07.2005 | Frankfurt a.M. |
| 1500m | | 4:35,17min | Sujan, Niklas | 1989 | 20.07.2005 | Bingen |
| 3000m | | 10:43,68min | Kolodzeiski, Andre | 1989 | 21.08.2004 | Arnstadt |
| 10km | | 40:11min | Sujan, Niklas | 1989 | 05.11.2005 | Jügesheim |
| 4x100m | | 46,44s | Gebauer, Florian 83 – Schellhaas, Simon 82 – Sieber, Florian 82 – Maier, Ralf 83 | | 20.06.1999 | Rüsselsheim |
| 3x1000m | | 8:56,30min | Kolodzeiski, Andre 89 – Sujan, Niklas 89 – Lückoff, Lars 89 | | 25.04.2004 | Mengerskirchen |
| 110m Hürden | (0,91m) | 14,97s | Reis, Christoph | 1988 | 02.07.2004 | Jena |
| | (0,99m) | 17,03s | Fritsche, Jens | 1986 | 11.05.2003 | Alzenau |
| 400m Hürden | (0,84m) | 58,74s | Gebauer, Florian | 1983 | 03.09.2000 | Dortmund |
| Hoch | | 1.80m | Gebauer, Florian | 1983 | 28.05.2000 | Groß Gerau |
| | | | Waas, Jens | 1985 | 19.05.2002 | Limburgerhof |
| Stab | | 4.10m | Reis, Christoph | 1988 | 06.09.2003 | Dormagen |
| Weit | | 6.81m | Schneider, Kai | 1990 | 15.06.2006 | Heusenstamm |
| Drei | | 14.48m | Schneider, Kai | 1990 | 19.08.2007 | Saarbrücken |
| Kugel | (5kg) | 14.79m | Reis, Christoph | 1988 | 23.04.2005 | Friedberg |
| | (6kg) | 11,29m | Fritsche, Jens | 1986 | 11.05.2003 | Alzenau |
| Diskus | (1,5kg) | 42.27m | Reis, Christoph | 1988 | 01.05.2005 | Taunusstein |
| | (1,75kg) | 36.50m | Waas, Jens | 1985 | 01.09.2002 | Berlin |
| Speer | (600g) | 48.72m | Waas, Jens | 1985 | 29.04.2001 | Reinheim |
| | (700g) | 48.30m | Fritsche, Jens | 1986 | 13.07.2003 | Wiesbaden |
| | (800g) | 45.29m | Fritsche, Jens | 1986 | 11.05.2003 | Alzenau |
| Fünfkampf (100-W-K-H-3/400) | | 3224P | Müller, Matthias | 1975 | | |
| | | | (11,76-5.93-13.82-1.70-38,10) | | 07.06.1992 | Limburgerhof |
| | (A-Jgd.) | 2838P | Fritsche, Jens | 1986 | | |
| | | | (12,27-5.97-11.29-1.67-55,57) | | 11.05.2003 | Alzenau |
| Fünfkampf (M) | | 12441P | Schellhaas, Simon 82 (2806) – Sieber, Florian 82 (2614) - Gebauer, Florian 83 (2610) – Maier, Ralf 83 (2508) | | | |
| | | | Höring, Markus 83 (1903) | | 23.05.1999 | Limburgerhof |
| Zehnkampf (100-W-K-H-400- 110Hü-D-St-S-1500) | | 6018P | Gebauer, Florian | 1983 | | |
| | | | (12,02-5.75-11.51-1.74-53,24/ 15,67-35.36-3.90-41.77-4:50,85) | | 26./27.08.2000 | Erfurt |
| | (A-Jgd.) | 5417P | Fritsche, Jens | 1986 | | |
| | | | (12,27-5.97-11.29-1.67-55,57/ 17,03-29.28-3.60-45.29-5:14,34) | | 10./11.05.2003 | Alzenau |
| Zehnkampf (M) | | 14920P | Schellhaas, Simon 82 (5170) – Gebauer, Florian 83 (4978) - Sieber, Florian 82 (4772) | | 28./29.08.1999 | Luxembourg/LUX |
| DJMM Gruppe 2 | | 7575P | Faust, Nikolai 83 – Gebauer, Florian 83 – Höring, Markus 83 – Maier, Ralf 83 - Riemenschneider, Patrick 82 – Schellhaas, Simon 82 – Sieber, Florian 82 - Vowinkel, Marc 82 | | 09.05.1999 | Groß Gerau |

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|---|---------|------------|--|------|----------------|--------------|
| 100m | | 12,87s | Schellhaas, Pia | 1985 | 05.06.2000 | Fulda |
| 200m | | 27,14s | Schellhaas, Pia | 1985 | 01.06.2000 | Bönnigheim |
| 400m | | 1:02,31min | Mehl, Johanna | 1992 | 10.06.2008 | Trebur |
| 800m | | 2:26,09min | Mehl, Johanna | 1992 | 04.06.2008 | Pfungstadt |
| 1500m | | 5:41,35min | Rechner, Kristina | 1988 | 13.07.2003 | Reichelsheim |
| 3000m | | 15:10,2min | Weiche, Simone | 1974 | 10.07.1991 | Egelsbach |
| 10km | | 51:23min | Rechner, Kristina | 1988 | 06.11.2004 | Jügesheim |
| 4x100m | | 54,70s | Hentschel, Lara 93 – Kirchner, Mai-Linh 93 - Scheidenberger, Judith 92 – Mehl, Johanna 92 | | 06.05.2007 | Groß Gerau |
| 3x800m | | 8:13,7min | Breckwoldt, Kimberley 83 - Breckwoldt, Jessica 83 - Schmitz, Katharina 82 | | 01.05.1994 | Raunheim |
| 100m Hürden | (0,76m) | 14,55s | Kirchner, Mai Linh | 1993 | 13.06.2009 | Schweinfurt |
| | (0,84m) | 14,91s | Kirchner, Mai Linh | 1993 | 07.06.2009 | Alsfeld |
| 400m Hürden | (0,76m) | 1:07,35min | Mehl, Johanna | 1992 | 18.06.2008 | Bischofsheim |
| Hoch | | 1.58m | Kirchner, Mai Linh | 1993 | 29.05.2009 | Gießen |
| Stab | | 3.20m | Kirchner, Mai Linh | 1993 | 20.09.2008 | Ergoldsbach |
| Weit | | 5.37m | Kirchner, Mai Linh | 1993 | 09.05.2009 | Kirchhain |
| Drei | | 11.60m | Kirchner, Mai Linh | 1993 | 13.06.2009 | Schweinfurt |
| Kugel | (3kg) | 11.72m | Kalinowsky, Lena | 1988 | 26.04.2003 | Friedberg |
| | (4kg) | 11.09m | Kalinowsky, Lena | 1988 | 04.06.2005 | Mörfelden |
| Diskus | (1kg) | 29.02m | Seymour, Jennifer | 2000 | 29.05.2016 | Darmstadt |
| Speer | (500g) | 21.51m | Ochs, Victoria | 2001 | 10.05.2015 | Groß Gerau |
| | (600g) | 31.06m | Kalinowsky, Lena | 1988 | 11.09.2004 | Brühl |
| Vierkampf (100H-H-K-100) | | 2875P | Kirchner, Mai Linh (14,89-1.58-10.15-13,01) | 1993 | 29.05.2009 | Gießen |
| Siebenkampf (100Hü-H-K-100-W-S-800) | | 4366P | Kirchner, Mai Linh (14,89-1.58-10.15-13,01/5.30-22.67-2:45,72) | 1993 | 29./30.05.2009 | Gießen |
| Siebenkampf (A-Jgd.) (100Hü-H-K-200-W-S-800) | | 2607P | Stark, Steffi (19,40-1.29-5.98-28,86/4.35-13.96-2:51,78) | 1976 | 10./11.07.1993 | Darmstadt |

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| | | | | | |
|---|----------------|--|------|----------------|----------------|
| 75m | 9,2s | Jaworr, Timo | 1981 | 19.06.1996 | Reinheim |
| 100m | 11,68s | Kirchner, Leon | 1995 | 26.06.2010 | Neu Isenburg |
| 200m | 24,91s | Lückoff, Lars | 1989 | 01.09.2004 | Pfungstadt |
| 300m | 40,4s | Maier, Ralf | 1983 | 26.09.1998 | Rüsselsheim |
| 800m | 2:14,89min | Kolodzeiski, Andre | 1989 | 04.08.2004 | Pfungstadt |
| 1000m | 2:49,90min | Leger, Viktor | 1991 | 17.07.2005 | Frankfurt a.M. |
| 2000m | 6:54,58min | Mongelli, Tobias | 1993 | 18.05.2008 | Mörfelden |
| 3000m | 10:43,68min | Kolodzeiski, Andre | 1989 | 21.08.2004 | Arnstadt |
| 10km | 41:48min | Mongelli, Tobias | 1993 | 01.11.2008 | Jügesheim |
| 4x75m | 36,84s | Schellhaas, Simon 82 – Knodt, Benjamin 82 - Sieber, Florian 82 – Maier, Ralf 83 | | 20.07.1997 | Bad Camberg |
| 4x100m | 50,83s | Estivariz-Lopez, Gian Luca 93 - Wild, Marius 93 - Mongelli, Tobias 93 – Kutschbach, Pascal 92 | | 07.07.2007 | Egelsbach |
| 3x1000m | 8:56,30min | Kolodzeiski, Andre 89 – Sujan, Niklas 89 – Lückoff, Lars 89 | | 25.04.2004 | Mengerskirchen |
| 80m Hürden | (0,84m) 10,93s | Leger, Viktor | 1991 | 26.08.2006 | Hannover |
| 300m Hürden | (0,84m) 43,60s | Leger, Viktor | 1991 | 20.05.2006 | Seeheim |
| Hoch | 1.76m | Reis, Christoph | 1988 | 13.07.2003 | Wiesbaden |
| Stab | 4.10m | Reis, Christoph | 1988 | 06.09.2003 | Dormagen |
| Weit | 6.10m | Kirchner, Leon | 1995 | 26.09.2010 | Bruchköbel |
| Kugel | (4kg) 13.78m | Leger, Viktor | 1991 | 24.09.2005 | Neu Isenburg |
| | (5kg) 10.35m | Maier, Ralf | 1983 | 09.05.1998 | Groß Gerau |
| Diskus | (1kg) 45.22m | Reis, Christoph | 1988 | 26.04.2003 | Friedberg |
| Speer | (600g) 44.92m | Leger, Viktor | 1991 | 18.08.2006 | Mörfelden |
| | (700g) 38.62m | Reis, Christoph | 1988 | 24.05.2003 | Mörfelden |
| Ball | (200g) 63.50m | Kämmerer, Fabian | 1995 | 04.05.2008 | Groß Gerau |
| Vierkampf (100-W-K-H) | 2114P | Lückoff, Lars | 1989 | | |
| | | (12,28-5.66-10.06-1.64) | | 26.09.2004 | Trebur |
| Vierkampf (M) | 9321P | Maier, Ralf 83 (1980) – Sieber, Florian 82 (1900) - Schellhaas, Simon 82 - (1864) – Gebauer, Florian 83 (1839) - Cezanne, Yves 83 (1738) | | 03.10.1997 | Kelsterbach |
| Fünfkampf (B-Jgd.) (100-W-K-H-3/400) | 2397P | Maier Ralf | 1983 | | |
| | | (12,7-5.53-9.78-1.52-40,4) | | 26.09.1998 | Rüsselsheim |
| Achtkampf (80Hü-W-K-H-D-St-S-1000) | 4721P | Reis, Christoph | 1988 | | |
| | | (11,45-5.53-13.30-1.73- 42.19-3.80-44.29-3:05,92) | | 08./09.06.2003 | Limburgerhof |
| Achtkampf (M) | 12036P | Lückoff, Lars 89 (4112) – Leger, Viktor 91 (3998) Sujan, Niklas 89 (3926) | | 18./19.09.2004 | Westerburg |
| Block Sprint/Sprung (100-80Hü-W-H-S) | 2882P | Kirchner, Leon | 1995 | | |
| | | (11,57w-11,51w-5.76-1.62-37.69) | | 17.07.2010 | Leutershausen |
| Block Lauf (75/100-80Hü-W-B-2000) | 2269P | Schlachter, Michael | 1980 | | |
| | | (10,34-14,40-4.91-46.50-7:10,30) | | 14.05.1995 | Egelsbach |
| Block Wurf (100-80Hü-W-K-D) | 2845P | Reis, Christoph | 1988 | | |
| | | (12,36-11,71-5.26-12.36-41.45) | | 21.06.2003 | Rüsselsheim |
| Block (M) | 10786P | Leger, Viktor 91 (2672) – Cezanne, Daniel 90 (2291) – Klever, Benjamin 90 (2209) Berz, Patrick 91 (1942) – Kolb, Sebastian 91 (1672) | | 05.06.2005 | Mörfelden |
| DSMM Gruppe 1 | 9246P | Berz, Patrick 91 - Cezanne, Philipp 92 - Cezanne, Tim 92 – Estivariz-Lopez, Gianluca 93 – Haentzel, Stephan 92 - Kolb, Sebastian 91 – Kutschbach, Pascal 92 – Leger, Paul 93 – Leger, Viktor 91 – Pabst, Daniel 92 | | 23.09.2006 | Flieden |
| DSMM Gruppe 2 | 6784P | Cezanne, Yves 82 – Jaworr, Timo 81- Knodt, Benjamin 82 – Schellhaas, Simon 82 – Seibel, Peter 82 – Sieber, Florian 82 | | 22.04.1995 | Darmstadt |
| DSMM Gruppe 3 | 5008P | Feldmann, Kim 94 – Grünert, Alexander 95 – Kirchner, Leon 95 – Mehl, Philipp 95 - Sevenich, Nico 95 - Steubing, Oliver 94 | | 04.07.2009 | Mörfelden |

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| | | | | | | |
|---|---------|-------------|--|------|----------------|----------------------|
| 75m | | 9,76s | Knodt, Benjamin | 1982 | 21.09.1996 | Egelsbach |
| 100m | | 12,10s | Wild, Marius | 1993 | 07.07.2007 | Egelsbach |
| 800m | | 2:36,62min | Peter, Henri | 2001 | 31.05.2014 | Egelsbach |
| 1000m | | 2:49,90min | Leger, Viktor | 1991 | 17.07.2005 | Frankfurt a.M. |
| 2000m | | 7:18,6min | Schmitz, Kai | 1983 | 25.04.1995 | Darmstadt |
| 3000m | | 11:10,93min | Kolodzeiski, Andre | 1989 | 28.08.2003 | Wiesbaden |
| 80m Hürden | (0,84m) | 11,29s | Leger, Viktor | 1991 | 10.07.2005 | Fulda |
| Hoch | | 1.72m | Leger, Viktor | 1991 | 27.06.2004 | Bad Homburg |
| Stabhoch | | 3.61m | Reis, Christoph | 1988 | 07.09.2002 | Bad Sooden/Allendorf |
| Weit | | 5.61m | Leger, Viktor | 1991 | 06.08.2005 | Rhede |
| Kugel | (4kg) | 13.78m | Leger, Viktor | 1991 | 24.09.2005 | Neu Isenburg |
| Diskus | (1kg) | 37.48m | Leger, Viktor | 1991 | 07.08.2005 | Rhede |
| Speer | (600g) | 41,49m | Leger, Viktor | 1991 | 07.08.2005 | Rhede |
| Ball | (200g) | 63.50m | Kämmerer, Fabian | 1995 | 04.05.2008 | Groß Gerau |
| Vierkampf (100-W-K-H) | | 2016P | Leger, Viktor (12,42-3.90-11.32-1.68) | 1991 | 26.09.2004 | Trebur |
| Achtkampf (80Hü-W-K-H-D-St-S-1000) | | 4550P | Leger, Viktor (11,31-5.61-12.91-1.52- 37.48-3.30- 41.49-2:54,47) | 1991 | 06./07.08.2005 | Rhede |
| Block Sprint/Sprung (100-80Hü-W-H-S) | | 2712P | Leger, Viktor (12,50-11,38-4.86-1.60-39.73) | 1991 | 25.06.2005 | Alsfeld |
| Block Lauf (100-80Hü-W-B-2000) | | 1989P | Mongelli, Tobias (13,7-14,8-3.94-37.00-7:31,3) | 1992 | 04.06.2007 | Dillenburg |
| Block Wurf (100-80Hü-W-K-D) | | 2630P | Reis, Christoph (12,96-12,14-5.23-12.38-29.05) | 1988 | 09.06.2002 | Seeheim |

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| | | | | | | |
|--|---------|------------|---|------|----------------|----------------------|
| 75m | | 10,05s | Schellhaas, Pia | 1985 | 12.06.1999 | Fulda |
| 100m | | 12,87s | Schellhaas, Pia | 1985 | 17.06.2000 | Fulda |
| 200m | | 27,14s | Schellhaas, Pia | 1985 | 01.06.2000 | Bönnigheim |
| 300m | | 45,22s | Scherf, Katharina | 1988 | 31.05.2003 | Fulda |
| 800m | | 2:31,08min | Mehl, Johanna | 1992 | 18.06.2006 | Bad Sooden/Allendorf |
| 1500m | | 5:41,35min | Rechner, Kristina | 1988 | 13.07.2003 | Reichelsheim |
| 2000m | | 7:36,9min | Cabello, Maria | 1983 | 05.10.1994 | Frankfurt a.M. |
| 4x75m | | 41,9s | Schrader, Helen 81 – Wild, Anja 81 - Schmitz, Katharina 82 – Jakob, Andrea 82 | | 05.05.1996 | Groß Gerau |
| 4x100m | | 54,70s | Hentschel, Lara 93 – Kirchner, Mai-Linh 93 - Scheidenberger, Judith 92 – Mehl, Johanna 92 | | 06.05.2007 | Groß Gerau |
| 3x800m | | 8:13,7min | Breckwoldt, Kimberley 83 - Breckwoldt, Jessica 83 - Schmitz, Katharina 82 | | 01.05.1994 | Raunheim |
| 80m Hürden | (0,76m) | 12,01s | Kirchner, Mai Linh | 1993 | 15.06.2008 | Wetzlar |
| 100m Hürden | (0,76m) | 15,61s | Kirchner, Mai Linh | 1993 | 31.05.2008 | Mörfelden |
| Hoch | | 1.56m | Kirchner, Mai Linh | 1993 | 21.06.2008 | Viernheim |
| Stab | | 3.20m | Kirchner, Mai Linh | 1993 | 20.09.2008 | Ergolsbach |
| Weit | | 5.29m | Kirchner, Mai Linh | 1993 | 02.08.2008 | Ludwigshafen |
| Drei | | 11.33m | Kirchner, Mai Linh | 1993 | 20.09.2008 | Ergolsbach |
| Kugel | (3kg) | 11.72m | Kalinowsky, Lena | 1988 | 26.04.2003 | Friedberg |
| | (4kg) | 10.01m | Kalinowsky, Lena | 1988 | 18.06.2003 | Heusenstamm |
| Diskus | (1kg) | 28.12m | Kalinowsky, Lena | 1988 | 31.05.2003 | Fulda |
| Speer | (500g) | 21.51m | Ochs, Victoria | 2001 | 10.05.2015 | Groß Gerau |
| | (600g) | 29.26m | Kalinowsky, Lena | 1988 | 14.09.2003 | Steinbach |
| Ball | (200g) | 47.50m | Scherf, Katharina | 1988 | 12.05.2001 | Seeheim |
| Vierkampf (100-W-K-H) | | 1994P | Kirchner, Mai Linh (13,22-4.83-9.22-1.46) | 1993 | 24.09.2006 | Bischofsheim |
| Siebenkampf (80Hü-H-K-100-W-S-800) | | 3613P | Kirchner, Mai Linh [12,14-1.56-9.71-12,96-5.27 ^(+3,5m/s) -25.18-2:46,76] | 1993 | 21./22.06.2008 | Viernheim |
| Siebenkampf (B-Jgd) (100Hü-H-K-100-W-S-800) | | 3352P | Mehl, Johanna (18,25-1.42-7.49-14,24-4.51-22.82-2:33,46) | 1992 | 01./02.09.2007 | Reinheim |
| Siebenkampf (M) | | 10064P | Kirchner, Mai Linh 93 (3510) – Mehl, Johanna 92 (3449) Scheidenberger, Judith 92 (3105) | | 15./16.07.2007 | Mörfelden |
| Block Sprint/Sprung (75/100-80Hü-W-H-S) | | 2199P | Zipperich, Linda (10,7-13,1-4.45-1.32-19.25) | 1984 | 22.08.1999 | Groß Gerau |
| Block Wurf (100-80Hü-W-K-D) | | 2540P | Schellhaas, Pia (13,04-12,37-4.90-9.84-21.88) | 1985 | 13.08.2000 | Vaterstetten |
| DSMM Gruppe 2 | | 5964P | Budach, Svenja 80 – Jakob, Andrea 82 - Krause, Natalie 81 – Kumar, Aarti 82 - Reitmeier, Simonica 82 – Schmitz, Katharina 82 – Schrader, Helen 82 | | 11.05.1996 | Groß Gerau |
| DSMM Gruppe 4 | | 3133P | Berz, Annika 95 – Estivariz Lopez, Alissa 95 Ochs, Katharina 95 – Steubing, Natalie 95 | | 06.06.2010 | Mörfelden |

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| | | | | | | |
|--|---------|------------|--|------|----------------|----------------------|
| 75m | | 10,05s | Schellhaas, Pia | 1985 | 12.06.1999 | Fulda |
| 100m | | 12,8s | Kirchner, Mai Linh | 1993 | 15.07.2007 | Mörfelden |
| 800m | | 2:31,08min | Mehl, Johanna | 1992 | 18.06.2006 | Bad Sooden/Allendorf |
| 2000m | | 7:36,9min | Cabello, Maria | 1983 | 05.10.1994 | Frankfurt a.M. |
| 80m Hürden | (0,76m) | 12,1s | Kirchner, Mai Linh | 1993 | 15.07.2007 | Mörfelden |
| Hoch | | 1.55m | Kirchner, Mai Linh | 1993 | 11.06.2006 | Rüsselsheim |
| Stabhoch | | 2.90m | Kirchner, Mai Linh | 1993 | 01.07.2006 | Friedberg |
| Weit | | 5.01m | Kirchner, Mai Linh | 1993 | 16.07.2007 | Mörfelden |
| Kugel | (3kg) | 10.41m | Kirchner, Mai Linh | 1993 | 15.07.2007 | Mörfelden |
| Diskus | (1kg) | 23.43m | Seymour, Jennifer | 2000 | 27.04.2014 | Bad Nauheim |
| Speer | (500g) | 21.51m | Ochs, Victoria | 2001 | 10.05.2015 | Groß Gerau |
| | (600g) | 26.90m | Kirchner, Mai Linh | 1993 | 01.05.2007 | Rüsselsheim |
| Ball | (200g) | 47.50m | Scherf, Katharina | 1988 | 12.05.2001 | Seeheim |
| Vierkampf (100-W -K-H) | | 1994P | Kirchner, Mai Linh (13,22-4.83-9.22-1.46) | 1993 | 24.09.2006 | Bischofsheim |
| Siebenkampf (80Hü-H-K-100-W-S-800) | | 3510P | Kirchner, Mai Linh (12,1-1.52-10.41-12,8-5.01-24.42-2:59,3) | 1993 | 15./16.07.2007 | Mörfelden |
| Block Sprint/Sprung (75/100-80Hü-W-H-S) | | 2149P | Schellhaas, Pia (10,3-16,6-4.17-1.41-21.64) | 1985 | 22.08.1999 | Groß Gerau |

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|---|-----------------|--|------|----------------|--------------|
| 50m | 7,11s | Maier, Ralf | 1983 | 29.09.1996 | Alsfeld |
| 75m | 9,82s | Leger, Viktor | 1991 | 20.05.2004 | Mörfelden |
| 100m | 12,42s | Leger, Viktor | 1991 | 26.09.2004 | Trebur |
| 800m | 2:36,62 | Peter, Henri | 2001 | 31.05.2014 | Egelsbach |
| 1000m | 2:56,61min | Leger, Viktor | 1991 | 19.09.2004 | Westerburg |
| 2000m | 7:18,6min | Schmitz, Kai | 1983 | 25.04.1995 | Darmstadt |
| 60m Hürden | (0,76m) 9,40s | Leger, Viktor | 1991 | 03.10.2004 | Bruchköbel |
| 80m Hürden | (0,84m) 12,62s | Leger, Viktor | 1991 | 18.09.2004 | Westerburg |
| 4x50m | 28,9s | Cezanne, Yves 82 – Maier, Ralf – 83 – Schellhaas, Simon 82 – Knodt, Benjamin – 82 | | 17.09.1995 | Kelsterbach |
| 4x75m | 41,46s | Kutschbach, Pascal 92 – Pabst, Daniel 92 – Cezanne, Philipp 92 – Wild, Marius 93 | | 10.07.2005 | Reinheim |
| 3x1000m | 10:07,0min | Schmitz, Kai 82 – Cezanne, Yves 82 – Gebauer, Florian 83 | | 13.06.1995 | Griesheim |
| Hoch | 1.72m | Leger, Viktor | 1991 | 27.06.2004 | Bad Homburg |
| Stab | 2.50m | Leger, Viktor | 1991 | 19.09.2004 | Westerburg |
| Weit | (Zone) 5.40m | Leger, Viktor | 1991 | 20.05.2004 | Mörfelden |
| Kugel | (3kg) 13.05m | Leger, Viktor | 1991 | 12.09.2004 | Egelsbach |
| | (4kg) 11.32m | Leger, Viktor | 1991 | 26.09.2004 | Trebur |
| Diskus | (0,75kg) 29.02m | Leger, Viktor | 1991 | 12.09.2004 | Egelsbach |
| | (1kg) 29.54m | Leger, Viktor | 1991 | 31.05.2004 | Limburgerhof |
| Speer | (400g) 32.49m | Reis, Christoph | 1988 | 20.05.2001 | Reinheim |
| | (600g) 36.05m | Leger, Viktor | 1991 | 19.09.2004 | Westerburg |
| Ball | (200g) 63.50m | Kämmerer, Fabian | 1995 | 04.05.2008 | Groß Gerau |
| Dreikampf (75-W-B) | 1225P | Kämmerer, Fabian | 1995 | | |
| | | (11,01-4.44-44.50) | | 23.09.2007 | Kelsterbach |
| Dreikampf (M) | 5428P | Kämmerer, Fabian 95 (1225) – Kirchner, Leon 95 (1189) - Gernandt, Jannik 94 (1090) – Feldmann, Kim 94 (966) - Steubing, Oliver 94 (958) | | 23.09.2007 | Kelsterbach |
| Vierkampf (SchA) (100-W-K-H) | 2016P | Leger, Viktor | 1991 | | |
| | | (12,42-3.90-11.32-1.68) | | 26.09.2004 | Trebur |
| Vierkampf (75-W-B-H) | 1909P | Reis, Christoph | 1988 | | |
| | | (10,64-5.34-45.50-1.64) | | 19.08.2001 | Reinheim |
| Vierkampf(M) | 7016P | Schellhaas, Simon 82 (1446) – Sieber, Florian 82 (1415) - Gebauer, Florian 83 (1397) – Maier, Ralf 83 (1381) - Knodt, Benjamin 82 (1377) | | 06.05.1995 | Groß Gerau |
| Achtkampf (80Hü-W-K-H-D-St-S-1000) | 3998P | Leger, Viktor | 1991 | | |
| | | (12,62-4.34-10.74-1.65- 23.55-2.50-36.05-2:56,61) | | 18./19.09.2004 | Westerburg |
| Block Sprint/Sprung (75-60Hü-W-H-B/S) | 2622P | Leger, Viktor | 1991 | | |
| | | (9,92-9,53-5.25-1.72-49.50) | | 26.06.2004 | Bad Homburg |
| Block Lauf/ Fünfkampf (75-60Hü-W-B-1000) | 2010P | Ochsendorf, Philipp | 1988 | | |
| | | (11,04-11,46-4.38-44.50-3:38,78) | | 16.09.2001 | Sulzbach |
| Block Wurf (50/75-60Hü-W-K-D) | 2087P | Maier, Ralf | 1983 | | |
| | | (7,2-10,4-4.61-7.59-20.12) | | 18.05.1996 | Groß Gerau |
| Block (M) | 8650P | Schellhaas, Simon 82 (1784) – Maier, Ralf 83 (1783) - Schmitz, Kai 83 (1727) – Sieber, Florian 82 (1706) - Gebauer, Florian 83 (1650) | | 14.05.1995 | Egelsbach |
| DSMM Gruppe1 | 5973P | Cezanne, Daniel 90 – Kirchgäßner, Fabio 90 – Leger, Viktor 91 - Lückoff, Lars 89 - Sujan, Niklas 89 - Sujan, Robin 89 | | 07.09.2002 | Mörfelden |
| DSMM Gruppe 2 | 3227P | Cezanne, Philipp 92 – Kolb, Sebastian 91 – Kutschbach, Pascal 92– Leger, Viktor 91 – Stoll, Maximilian 92 | | 19.06.2004 | Viernheim |

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| | | | | | | |
|---|---------|------------|--|------|------------|-------------|
| 50m | | 7,36s | Schellhaas, Simon | 1982 | 18.06.1994 | Bürstadt |
| 75m | | 10,08s | Leger, Viktor | 1991 | 21.09.2003 | Mörfelden |
| 800m | | 2:50,36min | Klink, Jonas | 2008 | 05.05.2019 | Groß Gerau |
| 1000m | | 3:07,30min | Leger, Viktor | 1991 | 27.09.2003 | Alsfeld |
| 2000m | | 7:18,6min | Schmitz, Kai | 1983 | 25.04.1995 | Darmstadt |
| 60m Hürden | (0,76m) | 11,72s | Maier, Ralf | 1983 | 08.06.1995 | Darmstadt |
| Hoch | | 1.53m | Leger, Viktor | 1991 | 21.09.2003 | Mörfelden |
| Stab | | 2.06m | Leger, Paul | 1993 | 18.08.2005 | Urberach |
| Weit | (Zone) | 4.71m | Leger, Viktor | 1991 | 27.09.2003 | Alsfeld |
| Kugel | (3kg) | 8.01m | Wild, Marius | 1993 | 22.05.2005 | Rüsselsheim |
| Diskus | (1kg) | 17.06m | Maier, Ralf | 1983 | 14.05.1995 | Egelsbach |
| Speer | (400g) | 30.52m | Cezanne, Daniel | 1990 | 01.09.2002 | Rüsselsheim |
| Ball | (200g) | 51.50m | Kämmerer, Fabian | 1995 | 06.05.2007 | Groß Gerau |
| Dreikampf (75-W-B) | | 1225P | Kämmerer, Fabian (11,01-4.44-44.50) | 1995 | 23.09.2007 | Kelsterbach |
| Vierkampf (75-W-B-H) | | 1855P | Leger, Viktor (10,08-4.46-51.00-1.53) | 1991 | 21.09.2003 | Mörfelden |
| Block Sprint/Sprung (50/75-60Hü-W-H-B/S) | | 1650P | Gebauer, Florian (8,12-13,18-4.22-1.24-30.00) | 1983 | 14.05.1995 | Egelsbach |
| Block Lauf /Fünfkampf (75-60Hü-W-B-1000) | | 1828P | Geisler, David (11,81-12,33-3.73-37.50-3:20,58) | 1998 | 24.04.2010 | Gießen |
| Block Wurf (50/75-60Hü-W-K-D) | | 1783P | Maier, Ralf (7,90-11,96-4.19-6.70-17.06) | 1983 | 14.05.1995 | Egelsbach |

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| | | | | | |
|---|-----------------|---|------|------------------|----------------|
| 50m | 7,0s | Jakob, Andrea | 1982 | 06.05.1995 | Groß Gerau |
| 75m | 10,0s | Kirchner, Mai Linh | 1993 | 11.06.2006 | Rüsselsheim |
| 100m | 13,22s | Kirchner, Mai Linh | 1993 | 24.09.2006 | Bischofsheim |
| 800m | 2:35,86min | Cabello, Maria | 1983 | 29.09.1996 | Alsfeld |
| 2000m | 7:36,9min | Cabello, Maria | 1983 | 03.10.1994 | Frankfurt a.M. |
| 60m Hürden | (0,76m) 9,5s | Kirchner, Mai Linh | 1993 | 11.06.2006 | Rüsselsheim |
| 80m Hürden | (0,76m) 12,76s | Kirchner, Mai Linh | 1993 | 30.09.2006 | Diez |
| 4x50m | 30,1s | Jakob, Andrea 82 – Glotzbach, Conny 82 - Schrader, Helen 81 – Kolb, Antje 82 | | 17.09.1995 | Kelsterbach |
| 4x75m | 43,58s | Holzapfel, Carolin 87 – Rechner, Kristina 88 - Kalinowsky, Lena 88 – Scherf, Katharina 88 | | 10.09.2000 | Egelsbach |
| 3x800m | 8:13,7min | Breckwoldt, Kimberley 83 - Breckwoldt, Jessica 83 - Schmitz, Katharina 82 | | 01.05.1994 | Raunheim |
| Hoch | 1.55m | Kirchner, Mai Linh | 1993 | 11.06.2006 | Rüsselsheim |
| Stabhoch | 2.90m | Kirchner, Mai Linh | 1993 | 01.07.2006 | Friedberg |
| Weit | (Zone) 4.97m | Kirchner, Mai Linh | 1993 | 07.05.2006 | Groß Gerau |
| Kugel | (3kg) 9.22m | Kirchner, Mai Linh | 1993 | 24.09.2006 | Bischofsheim |
| Diskus | (0,75kg) 22.32m | Seymour, Jennifer | 2000 | 04.05.2013 | Groß Gerau |
| | (1kg) 18.75m | Seymour, Jennifer | 2000 | 12.06.2013 | Wiesbaden |
| Speer | (400g) 25.10m | Ronge, Sabine | 1985 | 16.05.1998 | Rüsselsheim |
| | (600g) 22.92m | Kirchner, Mai Linh | 1993 | 18.08.2006 | Mörfelden |
| Ball | (200g) 47.50m | Scherf, Katharina | 1988 | 12.05.2001 | Seeheim |
| Dreikampf (50/75-W-B) | 1298P | Kolb, Antje | 1982 | | |
| | | (7,7-4.10-35.50) | | 06.05.1995 | Groß Gerau |
| Dreikampf (M) | 5306P | Janczak, Larissa 94 (1134) – Eichenauer, Kathrin 95 (1101) – Ziegler, Stephanie 94 (1067) – Berz, Annika 95 (1036) – Schatz, Nathalie 95 (968) | | 23.09.2007 | Kelsterbach |
| Vierkampf (75-W-B-H) | 1863P | Kirchner, Mai Linh | 1993 | | |
| | | (10,4-4.82-32.00-1.42) | | 24.09.2005 | Reinheim |
| Vierkampf (Schi A) (100-W -K-H) | 1994P | Kirchner, Mai Linh | 1993 | | |
| | | (13,22-4.83-9.22-1.46) | | 24.09.2006 | Bischofsheim |
| Vierkampf (M) | 7168P | Cabello, Maria 83 (1576) – Schmitz, Katharina 82 (1533) - Breckwoldt, Jessica 83 (1483) - Breckwoldt, Kimberley 83 (1437) - Budach, Svenja 82 (1139) | | 26.08.1995 | Reinheim |
| Siebenkampf (80Hü-H-K-100-W-S-800) | 3230P | Kirchner, Mai Linh | 1993 | | |
| | | (12,76-1.48-8.77-13,64-4.51-17.50-2:54,00) | | 30.09/01.10.2006 | Diez |
| Block Sprint/Sprung (75-60Hü-W-H-B/S) | 2594P | Kirchner, Mai Linh | 1993 | | |
| | | (10,0-9,5-4.89-1.55-33.00) | | 11.06.2006 | Rüsselsheim |
| Block Lauf/Fünfkampf (75-60Hü-W-B-800) | 2203P | Mehl, Johanna | 1992 | | |
| | | (11,25-11,17-4.23-32.50-2:44,57) | | 25.06.2005 | Alsfeld |
| Block Wurf (50/75-60Hü-W-K-D) | 1722P | Glotzbach, Conny | 1982 | | |
| | | (7,90-11,68-3.67-4.48-11.86) | | 14.05.1995 | Egelsbach |
| Block (M) | 9923P | Kirchner, Mai Linh 93 (2317) – Mehl, Johanna 92 (2178) – Hammes, Elena 93 (1907) Jung, Yvonne 92 (1772) – Ramus, Vanessa 92 (1750) | | 05.06.2005 | Mörfelden |
| DSMM Gruppe 1 | 6064P | Breckwoldt, Jessica 83 - Breckwoldt, Kimberley, 83 – Cabello, Maria 83 -Jakob, Andrea 82 – Kolb, Antje 83 – Reitmaier, Simonica 82 – Schmitz, Katharina 82- | | 28.05.1995 | Reinheim |
| DSMM Gruppe 2 | 3292P | Dupuy, Isabelle 89 – Feith, Ann-Kathrin 89 – Felske, Anna 89 - Gerner, Caroline 88 – Kamischke, Lara 89 – Scherf, Katharina 88 | | 12.05.2001 | Seeheim |

AK 12 weiblich

| | | | | | | |
|--|----------|------------|---|------|------------|----------------|
| 50m | | 7,2s | Ronge, Sabine | 1985 | 08.06.1997 | Reinheim |
| 75m | | 10,50s | Kirchner, Mai Linh | 1993 | 03.10.2005 | Bruchköbel |
| 800m | | 2:37,00min | Cabello, Maria | 1983 | 11.06.1995 | Alsfeld |
| 2000m | | 7:36,9min | Cabello, Maria | 1983 | 05.10.1994 | Frankfurt a.M. |
| 60m Hürden | (0,76m) | 10,31s | Kirchner, Mai Linh | 1993 | 25.06.2005 | Alsfeld |
| Hoch | | 1.46m | Kirchner, Mai Linh | 1993 | 05.06.2005 | Mörfelden |
| Stabhoch | | 2.16m | Kirchner, Mai Linh | 1993 | 18.09.2005 | Urberach |
| Weit | (Zone) | 4.82m | Kirchner, Mai Linh | 1993 | 24.09.2005 | Reinheim |
| Kugel | (3kg) | 7.78m | Ronge, Sabine | 1985 | 14.09.1997 | Rüsselsheim |
| Diskus | (0,75kg) | 19.85m | Seymour, Jennifer | 2000 | 13.10.2012 | Heidesheim |
| Speer | (400g) | 19.24m | Cabello, Maria | 1983 | 10.09.1995 | Egelsbach |
| Ball | (200g) | 46.50m | Cabello, Maria | 1983 | 17.09.1995 | Kelsterbach |
| Dreikampf (50/75-W-B) | | 1298P | Kolb, Antje (7,7-4.10-35.50) | 1982 | 06.05.1995 | Groß Gerau |
| Vierkampf (75-W-B-H) | | 1863P | Kirchner, Mai Linh (10,4-4.82-32.00-1.42) | 1993 | 24.09.2005 | Reinheim |
| Block Sprint/Sprung (75-60Hü-W-H-B/S) | | 2317P | Kirchner, Mai Linh (10,65-10,66-4.44-1.46-28.00) | 1993 | 05.06.2005 | Mörfelden |
| Block Lauf/Fünfkampf (50/75-60Hü-W-B-800) | | 2169P | Cabello, Maria (8,20-13,09-4.03-43.50-2:37,00) | 1983 | 11.06.1995 | Alsfeld |

U12 männlich

| | | | | | |
|-------------------------|--------------|---|------|------------|----------------|
| 50m | 7,40s | Wild, Marius | 1993 | 22.05.2004 | Groß Gerau |
| 75m | 10,3s | Leger, Viktor | 1991 | 07.09.2002 | Mörfelden |
| 800m | 2:50,36min | Klink, Jonas | 2008 | 05.05.2019 | Groß Gerau |
| 1000m | 3:17,51min | Leger, Viktor | 1991 | 07.09.2002 | Bischofsheim |
| 2000m | 7:31,1min | Schmitz, Kai | 1983 | 05.10.1994 | Frankfurt a.M. |
| 4x50m | 30,81s | Pietschmann, Lars 95 – Zoch, David 97 Kirchner, Leon 95 - Kämmerer, Fabian 95 | | 28.05.2006 | Mörfelden |
| 3x1000m | 12:07,3min | Mehl Philipp 95 - Kämmerer, Fabian 95 – Feldmann, Kim 94 | | 10.05.2005 | Griesheim |
| Hoch | 1.51m | Leger, Viktor | 1991 | 07.09.2002 | Mörfelden |
| Weit | (Zone) 4.48m | Leger, Viktor | 1991 | 01.09.2002 | Rüsselsheim |
| Ball | (80g) 52.50m | Kämmerer, Fabian | 1995 | 28.05.2006 | Mörfelden |
| Dreikampf (50-W-B) | 1179P | Kämmerer, Fabian (7,72-4.46-44.00) | 1995 | 04.06.2005 | Mörfelden |
| Dreikampf (M) | 2674P | Cremer, Florian 02 (1000)- Chagoy, Enrico-Antonio 02 (838)- Pottetchino, Leonhard 02 (836) | | 15.09.2013 | Kelsterbach |
| Dreikampf (M) | 4820P | Kämmerer, Fabian 95 (1179)- Gernandt, Jannik 94 (940) - Kirchner, Leon 95 (925) – Feldmann, Kim 94 (910) - Mehl, Philipp 95 (866) | | 04.06.2005 | Mörfelden |
| Vierkampf (50-W-B-H) | 1517P | Kämmerer, Fabian (7,72-4.33-48.00-1.22) | 1995 | 24.09.2006 | Bischofsheim |
| DSMM Gruppe 1 | 4121P | Feldmann, Kim 94 – Kaiser, Oliver 94 – Kämmerer, Fabian 95 – Kirchner, Leon 95–Mehl, Philipp 95 – Steubing, Oliver 95 – Stoll, Simon 94 | | 18.06.2005 | Groß Gerau |
| DSMM Gruppe 2 | 2951P | Kämmerer, Fabian 95 – Kirchner, Leon 95 – Mehl, Philipp 95 - Peez, Paul 97- Pietschmann, Lars 95 – Zoch, David 97 | | 28.05.2006 | Mörfelden |

AK 10 männlich

| | | | | | |
|-------------------------|--------------|--|------|------------|------------------|
| 50m | 7,49s | Kämmerer, Fabian | 1995 | 24.04.2005 | Wildeck-Obersuhl |
| 800m | 2:55,18min | Klink, Jonas | 2008 | 05.05.2018 | Darmstadt |
| 1000m | 3:36,1min | Leger, Viktor | 1991 | 09.09.2001 | Mörfelden |
| Hoch | 1.26m | Piccarella, Milan | 1986 | 06.06.1996 | Bischofsheim |
| Weit | (Zone) 4.46m | Kämmerer, Fabian | 1995 | 04.06.2005 | Mörfelden |
| Ball | (80g) 49.00m | Kämmerer, Fabian | 1995 | 21.05.2005 | Rüsselsheim |
| Dreikampf (50-W-B) | 1179P | Kämmerer, Fabian (7,72-4.46-44.00) | 1995 | 04.06.2005 | Mörfelden |
| Vierkampf (50-W-B-H) | 1229P | Kallmayer, Melvin (8,0-3.74-32.00-1.14) | 1998 | 14.09.2008 | Rüsselsheim |

U12 weiblich

| | | | | | |
|-------------------------|--------------|--|------|------------|----------------|
| 50m | 7,3s | Kirchner, Mai Linh | 1993 | 11.07.2004 | Kelsterbach |
| 800m | 2:45,5min | Cabello, Maria | 1983 | 09.07.1994 | Langen |
| 2000m | 7:36,9min | Cabello, Maria | 1983 | 05.10.1994 | Frankfurt a.M. |
| 4x50m | 30,4s | Scherf, Katharina 88 – Feith, Ann-Kathrin 89 - Gerner, Caroline 88 – Kalinowsky, Lena 88 | | 11.09.1999 | Rüsselsheim |
| 3x800m | 9:01,5min | Winkler, Anna 84 – Kranzusch, Claudia 83 – Cabello, Maria 83 | | 11.05.1994 | Raunheim |
| Hoch | 1.26m | Ronge, Sabine | 1985 | 06.06.1996 | Bischofsheim |
| | | Pfeiffer, Celina | 1997 | 23.09.2007 | Kelsterbach |
| Weit | (Zone) 4.29m | Ronge, Sabine | 1985 | 21.09.1996 | Egelsbach |
| Ball | (80g) 42.50m | Cabello, Maria | 1983 | 09.07.1994 | Langen |
| Dreikampf (50-W-B) | 1287P | Ronge, Sabine | 1985 | | |
| | | (7,6-4.24-31.00) | | 06.07.1996 | Reichelsheim |
| Dreikampf (M) | 5259P | Mehl, Johanna 92 (1103) – Kirchner, Mai Linh 93 (1097) – Hammes, Elena 93 (1071) - Bohrmann, Annika 92 (1068) – Icquieder, Emelie 92 (920) | | 24.05.2003 | Mörfelden |
| Vierkampf (50-W-B-H) | 1568P | Ronge, Sabine | 1985 | | |
| | | (7,7-3.81-30.50-1.26) | | 06.06.1996 | Bischofsheim |
| DSMM Gruppe 1 | 4404P | Breckwoldt, Jessica 83 - Breckwoldt, Kimberley 83- Cabello, Maria 83 – Kranzusch, Claudia 83 – Zipperich, Linda 84 | | 18.06.1994 | Bürstadt |
| DSMM Gruppe 2 | 2805P | Haenzel, Claudia 95 – Kallmayer, Aylin 96 – Schatz, Natalie 95 – Steinau, Julia 96 | | 28.05.2006 | Mörfelden |

AK 10 weiblich

| | | | | | |
|-------------------------|--------------|------------------------|------|------------|----------------|
| 50m | 7,93s | Thiel, April | 2004 | 29.05.2014 | Mörfelden |
| 800m | 2:53,95min | Hammes, Elena | 1993 | 15.06.2003 | Offenbach a.M. |
| 2000m | 8:41,8min | Winkler, Anna | 1984 | 26.04.1994 | Darmstadt |
| Hoch | 1.26m | Pfeiffer, Celina | 1997 | 23.09.2007 | Kelsterbach |
| Weit | (Zone) 4.05m | Schellhaas, Pia | 1985 | 26.08.1995 | Reinheim |
| Ball | (80g) 32.00m | Winkler, Anna | 1984 | 09.07.1994 | Langen |
| Dreikampf (50-W-B) | 1122P | Thiel, April | 2004 | | |
| | | (7,93-3.83-22.00) | | 29.05.2014 | Mörfelden |
| Vierkampf (50-W-B-H) | 1357P | Mende, Mathilda | 2006 | | |
| | | (8,36-3.78-24,50-1.12) | | 25.09.2016 | Rimbach |

U10 männlich

| | | | | | | |
|-----------------------|--------|-----------|--|------|------------|-------------|
| 50m | | 7,5s | Newman, Robert | 1986 | 06.05.1995 | Groß Gerau |
| | | | Kämmerer, Fabian | 1995 | 26.06.2004 | Mörfelden |
| 1000m | | 3:44,1min | Peez, Paul | 1997 | 25.04.2006 | Darmstadt |
| 4x50m | | 34,1s | Leger, Viktor 91 – Steuber, Benjamin 90 - Pabst, Daniel 91 – Hermann, Andre 92 | | 17.09.2000 | Rüsselsheim |
| Weit | (Zone) | 4.10m | Kämmerer, Fabian | 1995 | 11.07.2004 | Kelsterbach |
| Ball | (80g) | 46.00m | Kämmerer, Fabian | 1995 | 11.07.2004 | Kelsterbach |
| Dreikampf (50-W-B) | | 1073P | Kämmerer, Fabian (7,5-3.75-42.00) | 1995 | 26.06.2004 | Mörfelden |
| Dreikampf (M) | | 4185P | Kämmerer, Jonas 98 (921) – Grölz, Luca 98 (905) - Kallmayer, Melvin 98 (858) – Yohannes, Isak 98 (779) - Geisler, David 98 (722) | | 23.09.2007 | Kelsterbach |

U 9 männlich

| | | | | | | |
|-----------------------|--------|------------|---------------------------------------|------|------------|--------------|
| 50m | | 7,7s | Kämmerer, Fabian | 1995 | 13.07.2003 | Kelsterbach |
| 1000m | | 3:53,34min | Peez, Paul | 1997 | 03.10.2005 | Bischofsheim |
| Weit | (Zone) | 3.94m | Kämmerer, Fabian | 1995 | 24.05.2003 | Mörfelden |
| Ball | (80g) | 35.00m | Newman, Robert | 1986 | 11.09.1994 | Bischofsheim |
| | | | Kämmerer, Fabian | 1995 | 24.05.2003 | Mörfelden |
| Dreikampf (50-W-B) | | 996P | Kämmerer, Fabian (8,22-3.94-35.00) | 1995 | 24.05.2003 | Mörfelden |

U10 weiblich

| | | | | | | |
|-----------------------|--------|-----------|---|------|------------|----------------|
| 50m | | 7,8s | Ronge, Sabine | 1985 | 11.09.1994 | Bischofsheim |
| 800m | | 3:10,1min | Hammes, Elena | 1993 | 15.06.2002 | Offenbach a.M. |
| 4x50m | | 35,3s | Icquierdo, Emelie 92 – Mehl, Johanna 92 - Muth, Valerie 92 – Bohrmann, Annika 92 | | 09.09.2001 | Mörfelden |
| Weit | (Zone) | 3.79m | Ronge, Sabine | 1985 | 11.09.1994 | Bischofsheim |
| Ball | (80g) | 24.00m | Gernandt, Annika | 1998 | 19.05.2007 | Mörfelden |
| Dreikampf (50-W-B) | | 958P | Ronge, Sabine (8,1-3.42-17.00) | 1985 | 12.05.1994 | Groß Gerau |
| Dreikampf (M) | | 4071P | Krause, Celina 97 (927) – Pfeiffer, Celina 97 (926) – Gernandt, Annika 98 (767) – Hentzel, Sandra 98 (726) Smith, Helena 98 (725) | | 24.09.2006 | Bischofsheim |

U9 weiblich

| | | | | | | |
|-----------------------|--------|-----------|------------------------------------|------|------------|----------------|
| 50m | | 8,73s | Ochs, Victoria | 2001 | 24.05.2009 | Mörfelden |
| 800m | | 3:31,5min | Hammes, Jana | 1994 | 15.06.2002 | Offenbach a.M. |
| Weit | (Zone) | 3.13m | Ochs, Victoria | 2001 | 24.05.2009 | Mörfelden |
| Ball | (80g) | 20.50m | Gernandt, Annika | 1998 | 24.09.2006 | Bischofsheim |
| Dreikampf (50-W-B) | | 863P | Burkett, Maya (9,00-2.91-20.00) | 1999 | 23.09.2007 | Kelsterbach |